## St. Nicholas Catholic School

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# **Upcoming School Events:**

### **Terry Fox Walk: Monday September 27th**

St. Nicholas is proud to be participating in our annual Terry Fox Walk on *Monday, September 27th* (Rain day: Friday October 1st). Students are encouraged to wear red and white to show their Canadian pride. Our event will look slightly different than in previous years, however the goal remains the same. Let's all use Terry's message of hope, courage and strength to inspire us during these challenging times.

This year's walk will be held on either the school grounds or around the neighbourhood immediately surrounding the school for the older grades. We will walk in our class cohorts and follow Covid-19 protocols, as per the Board's Re-entry plan. Also, to help support safety measures in all schools, the Terry Fox Foundation has created an online fundraising page for our school. If you would like to donate please see the link below:

Donate to: http://www.terryfox.ca/StNicholasCSNewmarket.

Together, we can all make a difference.

#### **Curriculum Night: Tuesday September 28th (Virtual).**

We invite and welcome all parents and guardians to our 2021-22 Virtual Curriculum night. This will be an opportunity to meet your child's teacher and explore curriculum connections and the year ahead.

Principal Intro: 6:30-6:40 (live streamed or presented in teacher Google Meet)

stream.meet.google.com/stream/b79c1cec-32cd-4190-bdbb-4128cc251b48

<u>Session 1: 6:40 pm -7:00pm</u> (Join Teacher's Google meet on Google Classroom) <u>Session 2: 7:05 pm - 7:25pm</u> (Join Teacher's Google meet on Google Classroom)

## Concussion Awareness (Purple)/Rowan's Law Day: Wednesday September 29th

This is a day to engage students, staff, and parents/guardians in activities that increase awareness about concussions and to share Rowan Stringer's story. Students will engage in discussions, activities and reflection about the importance of concussion awareness. Rowan's Law was named for Rowan Stringer, a high school rugby player from Ottawa, who died in the spring of 2013 from a condition known as second impact syndrome (swelling of the brain caused by a subsequent injury that occurred before a previous injury healed). Rowan is believed to have experienced three concussions over six days while playing rugby. She had a concussion but didn't know her brain needed time to heal. Neither did her parents, teachers or coaches. Rowan's Law and Rowan's Law Day were established to honour her memory and bring awareness to concussions and concussion safety.

# Orange Shirt Day: Thursday September 30th

## What is Orange Shirt Day?

In the spring of 2013, a commemoration event was held in Williams Lake, BC to honour those who attended the St. Joseph Mission (SJM) residential school. Orange Shirt Day was inspired by the experience and story of Phyllis (Jack) Webstad whose shiny new orange shirt was taken away on her first day of school at the Mission. Her story and Orange Shirt Day has become an opportunity to keep the discussion on all aspects of residential schools happening annually.

Orange Shirt Day is also an opportunity for YCDSB schools and communities to come together in the spirit of reconciliation and hope for generations of children to come. It opens the conversation on all aspects of residential schools and it is an opportunity to create meaningful discussion about the effects they have left behind. Orange Shirt Day will help to promote healing in our YCDSB Catholic school communities where indigenous and non-indigenous students study, work and play. On **Thursday September 30th** we invite all students and staff at St. Nicholas to wear orange to honour all those who attended residential schools and support this initiative. Students will also be engaging in meaningful learning, discussion and reflection on this National Day for Truth and Reconciliation