

# SNS Week at a Glance - Oct. 14-18



#### Thanksgiving Mass

On Tuesday, we came together as a community of Faith to celebrate the Eucharist. A heartfelt thank you to Father Carlos and the Primary Division for leading us in prayer, and a special thanks to Ms. Sorrento for leading the choir. It was truly a beautiful celebration of gratitude.



## Thank you for your Generous Donations!

We are thrilled to announce that we have surpassed our goal in the food bank drive, reaching an incredible amount of donations. A heartfelt thank you to all parents and students for your generosity and for understanding the importance of helping those in need within our community. Your support truly makes a difference!



# Mental Health Parent/ Caregiver Literacy

School Mental Health Ontario has released a series of new/updated resources designed for parents and caregivers. The project in collaboration with the Coalition for Child and Youth Mental Health and Children's Mental Health Ontario, aims to enhance parent-caregiver mental health literacy. These initial resources are a part of a toolkit being developed to help parents and caregivers support their child's mental health, with the full release planned for the new year.

They include:

- <u>Helping Your Child Manage Digital Technology</u> (available in multiple languages)
- <u>Noticing Mental Health Concerns for Your Child</u> (available in multiple languages) <u>Noticing mental health concerns for your child-worksheet</u> (available in multiple languages)
- Prepare, Prevent Respond A suicide prevention guide for parents and caregivers (available in

multiple languages)

You can also visit the <u>Student & Family Mental Health website</u> for more information about Mental Health and Well-Being.



# CSC News! Back by Popular Demand!!!

We are looking forward to our Halloween Dance-a-thon fundraiser on October 31st. Snacks will be available for sale at

www.healthyhunger.ca.

For online donations please visit the board's charitable donation site at <u>www.canadahelps.org</u>.

All pledge envelopes MUST be returned no later than Wednesday, October 30th, 2024.

A shout out goes to all the CSC committee members who have been putting in so much time to plan a fun-filled day.



# Photos Are Now Online!

Parents can access photos online using the proof their child received, please email info@centophotography.com to request a resend.



#### SNS Sports

We wish the best of luck to our cross country athletes heading to the championship this Friday! A big thank you to Ms. Calomino for accompanying the team and supporting them.

Our intermediate boys and girls volleyball teams are hard at work, preparing for their upcoming tournaments later this month at Sacred Heart and in early November at Fr. Frederick McGinn. A shout out to

Ms. Tatangelo, Ms. DeAngelis, Ms. Falcao, Mr. Carniel and Ms. Plati for their time, energy and commitment in helping our students sharpen their skills. **Go North Stars Go!** 



### Grade 8 Hoodies are Back!

This week, School Day will go live for you to order a Grad Hoodie signed by the graduating class to commemorate your child's last year of elementary school. Hoodies are \$40.00, with the option to add personalization of the back for an additional \$2.00.. Stay tuned!

## **Dates to Remember:**

- Oct. 15 Dental Screening
- Oct. 18 Cross Country Championships
- Oct. 21 PA Day No school for students
- Oct. 24 Gr. 7 Vaccination Clinic
- Oct. 30 Int. Boys and Girls Volleyball Tournament @ Sacred Heart
- Oct. 31 Halloween Dance-a-thon
- Nov. 4 Int. Boys Volleyball Tournament @ Fr. Frederick McGinn
- Nov. 7 Int. Girls Volleyball Tournament @ Fr. Frederick McGinn
- Nov. 11 Remembrance Day Prayer Service
- Nov. 12 Progress Reports available to Parents
- Nov. 13 CSC Meeting @ 6pm
- Nov. 14 Parent/Teacher Interviews
- Nov. 15 PA Day Parent/Teacher Interviews continue in the a.m.
- Nov. 19 Sacred Heart Open House for Gr. 8 students and parents at 6:30 p.m.

#### Wishing you all a great week ahead.

#### M. Sanders